



COVID-19: HAGISTA CUSUB EE MAASKARADA, EE GALIDDA XARUMAHA MAXKAMADDA

Sida uu Dhigayo Ammarka Maxkamadda Sare 2021-27 • Dhaqangeliyay Ogosto 9, 2021

Yaan Geli Karn

Shakhsiyaadku ma geli doonaan dhismaha haddii:

- Ay leeyihiin wax astaamo COVID-19 ah, oo ay ku jiraan qufaca, neef qabatin ama neefsashada oo adkaata, qandho, qarqaryo, daal, murqo xanuun, madax xanuun, cabudh ama duuf, lallabo ama matag, shuban, cune xanuun, ama lumin cusub oo dhadhanka iyo urta ah.
- Laga helay COVID-19 10-kii maalmood ee la soo dhaafay ama aan lagu oggolaan inaad dib u bilowdo hawlaha dadweynaha.
- Aad ka ag dhawaatay 14-kii maalmood ee la soo dhaafay qof laga helay COVID-19 wakhtigii laga helay ama:
 - Aan si buuxda loo tallaalin ama
 - Si buuxda loo tallaalay laakiin leh astaamo.
- Lagu waajibiyay karantiil ama go'doomin sida ku saleysan hagida CDC ee ugu dambaysay ee COVID-19.

MAASKAROYINKU MA AHA WAAJIB, LAAKIIN SI ADAG AYAA LOO DHIIRRIGALINAYAA

Qof kasta oo gala xarun garsoor, maxkamad ama xarun kale oo maxkamadeed waxa si aad ah loogu dhiirrigelinayaa inuu xirto maaskarada wejiga iyadoo la eegayo sida uu nooca COVID-19 ee Delta ugu faafayo gudaha Kentucky.